



**Friendswood Mustangs**  
**2026 FOOTBALL PARENT**  
**MEETING**



**Jordan Johnson**  
**Athletic Director/Head Football Coach**

# Mustang Mindset

Toughest, Most Willing, Most Capable



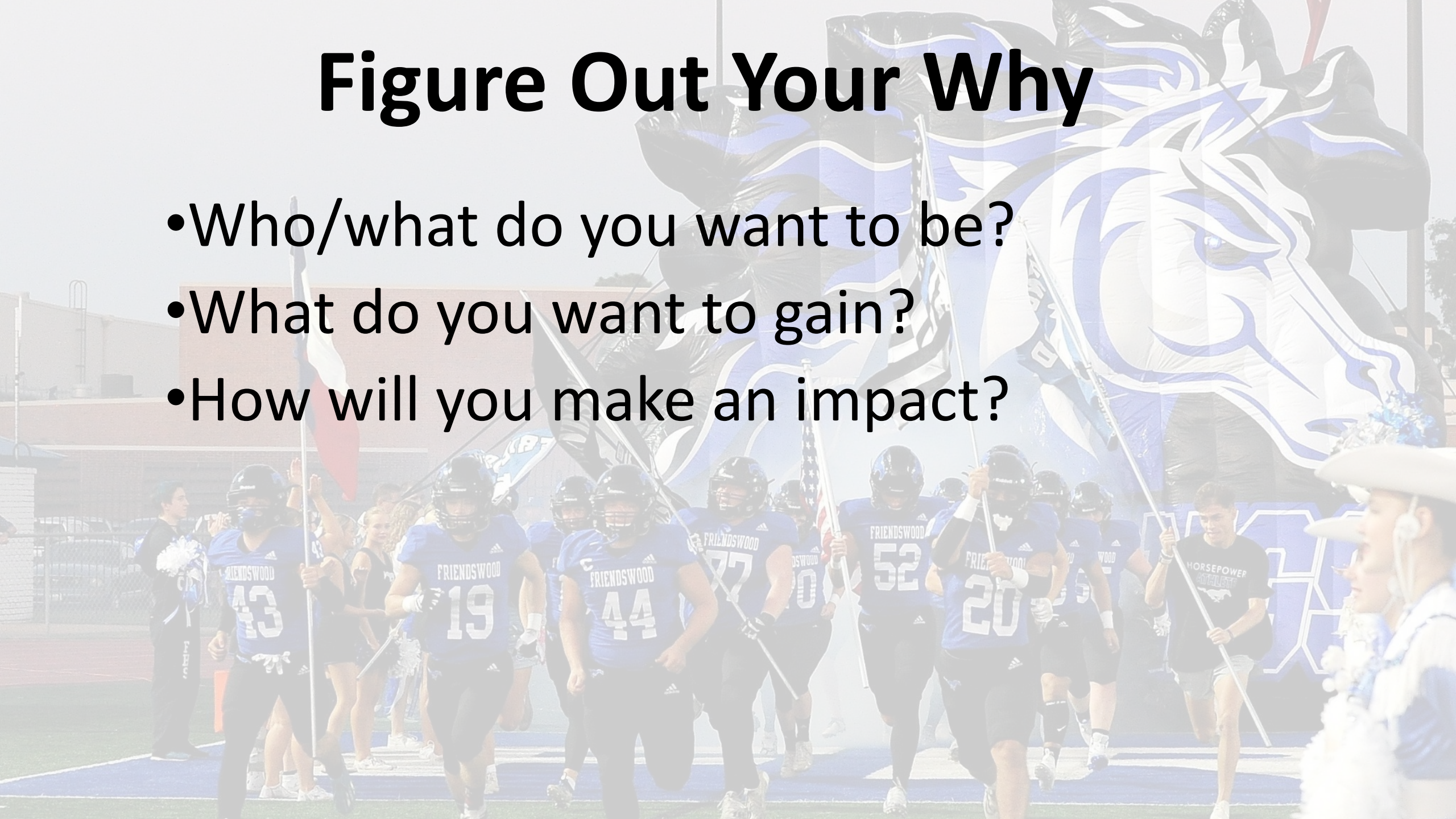


**LEVEL UP**



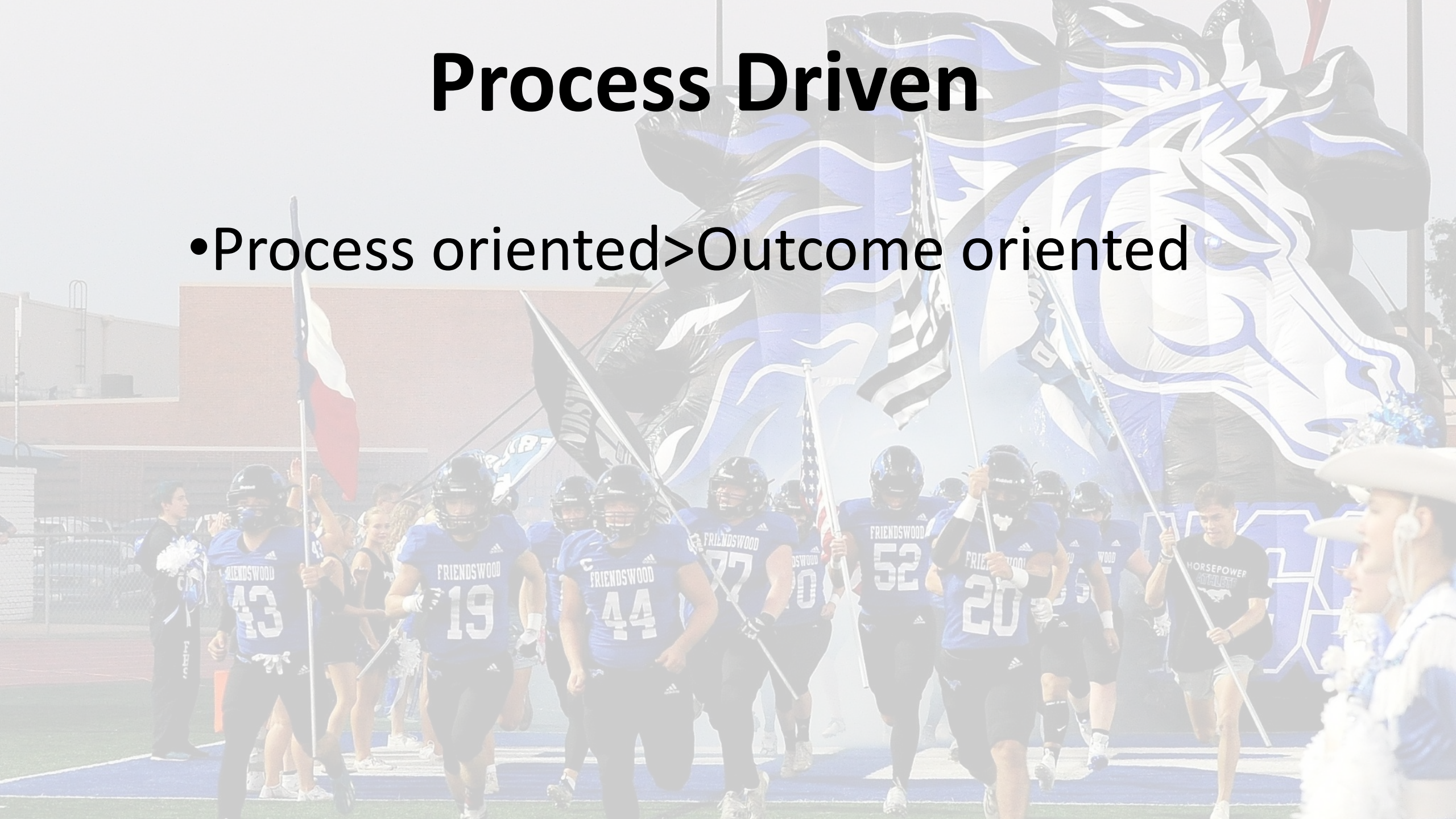
# Figure Out Your Why

- Who/what do you want to be?
- What do you want to gain?
- How will you make an impact?



# Process Driven

- Process oriented > Outcome oriented



# Friendswood Football Coaching Staff



Jordan Johnson: Head Coach

Steven Griffith: Defensive Coordinator/LBs

Clint Toon: Offensive Coordinator/QBs

Steven Kenney: Offensive Line/Run Game Coordinator

Aaron Robinson: Safeties/Pass Game Coordinator/Head Freshman

Nathan Roher: Running Backs

Michael Gibson: H-Backs/Tight Ends

Brian Bielamowicz: Receivers

Luke Williams: Receivers

Brandon Clemons: Offensive Line

TJ Benson: Offensive Line

Margus Hunt: Defensive Line

Bobby Blankenship: Nose Guards/Recruiting Coordinator

Timarcus Davis: Cornerbacks



# Protein/Snacks

# Injuries and Athletic Training Information

- Training room is open before and after school
- If an injury occurs, please see or call the Athletic Trainers before going to the doctor.
- Athletic Trainers are available to evaluate and treat athletic injuries and will advise to see a physician if needed.
- School insurance is secondary insurance, and will not cover all costs.

# Athletic Training Information

Blake Lapier- Head Athletic Trainer ([blapier@fisdk12.net](mailto:blapier@fisdk12.net))

- Education: BS Athletic Training: University of Texas at Austin; MA Sport and Fitness Administration: University of Houston
- Owens Recovery Blood Flow Restriction(BFR)
- Kinesio taping 1 & 2
- Work Experience: University of Houston, Alvin High School

Tevin Dent- Assitant Athletic Trainer ([tdent@fisdk12.net](mailto:tdent@fisdk12.net))

- Education: BS Athletic Training: Sam Houston State University
- Functional Dry Needling(FDN)
- Work Experience: Frito Lay, Houston Rockets Referees Medical Coverage

Sage Mize- Assistant Athletic Trainer ([smize@fisdk12.net](mailto:smize@fisdk12.net))

- Education: BS Athletic Training: Texas Tech University
- Blood Flow Restriction (BFR)
- Corrective Exercise Specialist (CES) / soft tissue manual therapy
- Work Experience: Clear Brook High School, Houston Astros

Jenna Tubbs- Houston Methodist Outreach FJH Athletic Trainer ([jtubbs@fisdk12.net](mailto:jtubbs@fisdk12.net))

Jeff Collins- Houston Methodist Outreach- Athletic Training Services

Jace Duke- Director of Athletic Training Services- Houston Methodist

# Spring Football

The background of the slide features a large, stylized graphic of a horse's head in blue and white, positioned in the upper right. Below this graphic, a football team in blue jerseys with "FRIENDSWOOD" and numbers (10, 44, 77, 52, 20) is running on a field. Some players are carrying flags, including an American flag. In the foreground, a cheerleader in a white hat and blue and white outfit is visible on the right side.

Why play spring ball?

- Player evaluation
- Scheme install
- Player opportunity
- Recruiting
- Competition
- Make a name for yourself

# Freshman Football Camp

- Date: July 28-30 (7:30am-9:00am)
- Get to know coaches
- Coaches get to know players
- Technique/Scheme
- Terminology
- Acclimation to high school football



# Fall Practice Start Date / Practice Schedule

- First Day: Incoming Freshman- August 3rd
- 5 Day acclimating period
- First full practice August 8th
- 1<sup>st</sup> Freshmen Scrimmage vs. Dickinson (Dickinson High School) (Thursday, August 13<sup>th</sup>) (5:00pm)
- 2<sup>nd</sup> Freshmen Scrimmage vs. Kingwood Park (Away- Kingwood Park High School)(Thursday, August 20th) (Time: TBD)

# Freshmen Practice Schedule

- August 3rd-August 17th (6:00-7:30am)
- Tuesday, August 18th (7:30-9:05am)
- Practice (Monday, Tuesday, Wednesday) (Gameday-Thursday)



# Freshmen Football Schedule

<i><b>Freshman</b></i>			
Thur - Aug 13th	Scrim- Dickinson	@	5:00
Thur - Aug 20th	Scrim- Kingwood Park	@	TBD
Thurs - Aug 27th	Texas City	HOME	5:00/6:30
Thurs - Sept 3rd	Clear Brook	HOME	5:00/6:30
<b>DISTRICT 11-AAAAA - DIVISION 1</b>			
Thurs - Sept 10th	Victoria East	@	5:00/6:30
Thurs - Sept 17th	Ft Bend Dulles	HOME	5:00/6:30
Thurs - Sept 24th	South Houston	@	5:00/6:30
Thurs - Oct 1st	Iowa Colony	HOME	5:00/6:30
Wed - Oct 7th	Pasadena	@	5:00/6:30
Thurs - Oct 15th	Katy Freeman	HOME	5:00/6:30
Thurs - Oct 22nd	Angleton	@	5:00/6:30
Thur - Oct 29th	<b>OPEN</b>		
Thurs - Nov 5th	Richmond Randle	HOME	5:00/6:30

# Philosophy of Playing Time and Team/Position Placement

## Sub-Varsity Philosophy:

- 2 JV Teams (When we have the numbers)
- 2 Freshmen teams (A & B)
- Everyone makes the team.
- Everyone should expect to play (unless disciplinary, injury, or attendance issues prevent playing time).
- Not every player will receive equal playing time but every player will play.

# Philosophy of Playing Time and Team/Position Placement

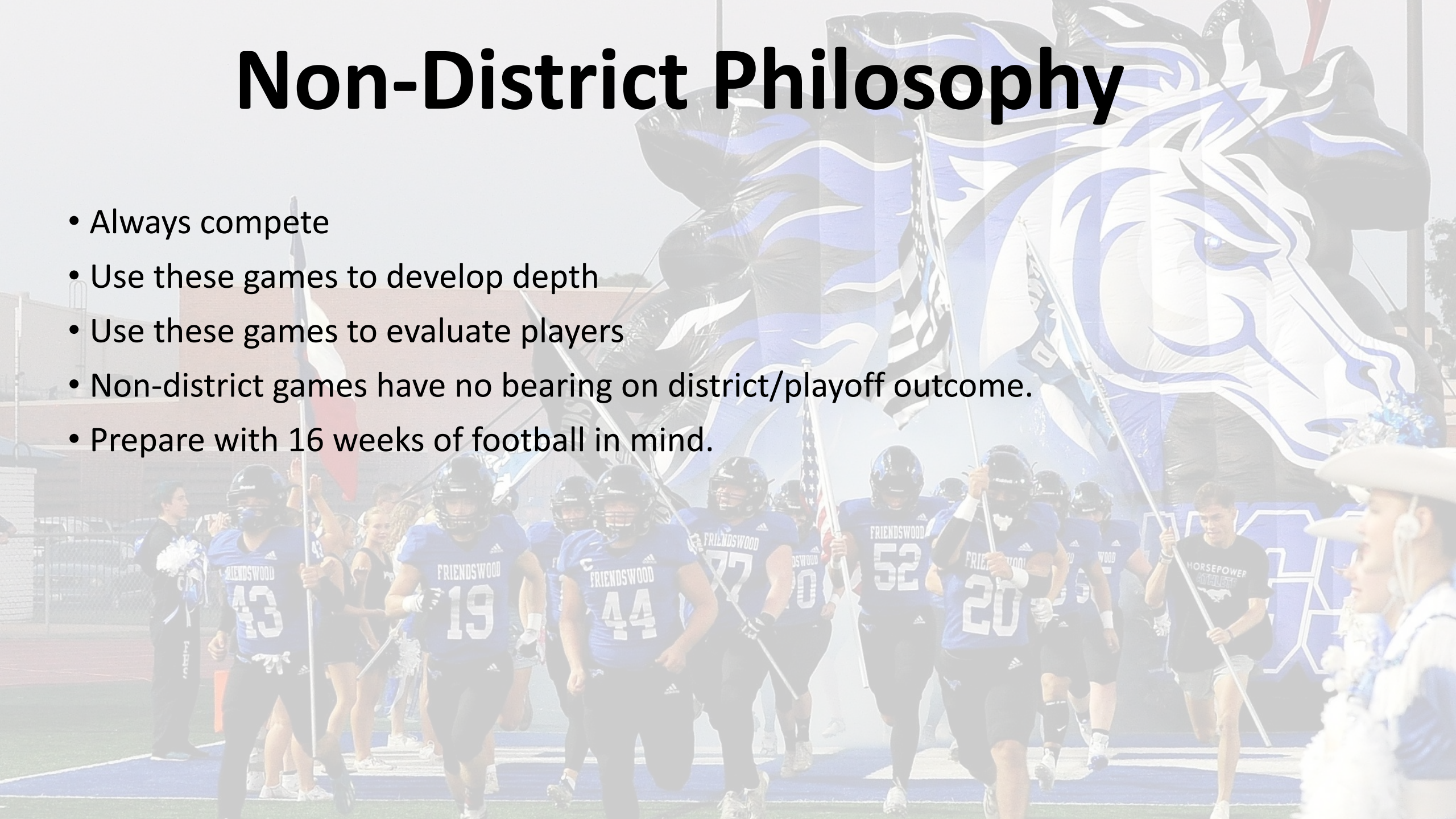
## Factors in determining your son's position assignment:

- What position gives you the best chance to get on the field?
- What position gives your team the best chance for success?
- What position do you really want to play?
  - We want your kids to be motivated to play!



# Non-District Philosophy

- Always compete
- Use these games to develop depth
- Use these games to evaluate players
- Non-district games have no bearing on district/playoff outcome.
- Prepare with 16 weeks of football in mind.



# Football Recruiting

Free NCAA Recruiting information:

<https://www.ncaa.org/sports/2014/10/8/recruiting.aspx>

- recruiting calendars
- GPA/Test Score requirements
- Class requirements

## Recruiting Services:

- Parents' Choice
- Houston is a recruiting hotbed
- My goal is to have 80-100 colleges visit or contact our campus throughout the year.
- Don't forget to enjoy your kid's high school experience.

# MAC MUSTANG ATHLETIC CAMP



CAMP FEE: \$1.50



## SESSION TIMES

MAC 1:  
7:30-9  
7<sup>TH</sup> AND 8<sup>TH</sup>  
ATHLETES

MAC 2:  
9-10:30 9-12<sup>TH</sup>  
FOOTBALL  
ATHLETES

MAC 3:  
10:30-12  
9-12<sup>TH</sup>  
ATHLETES

## DATES

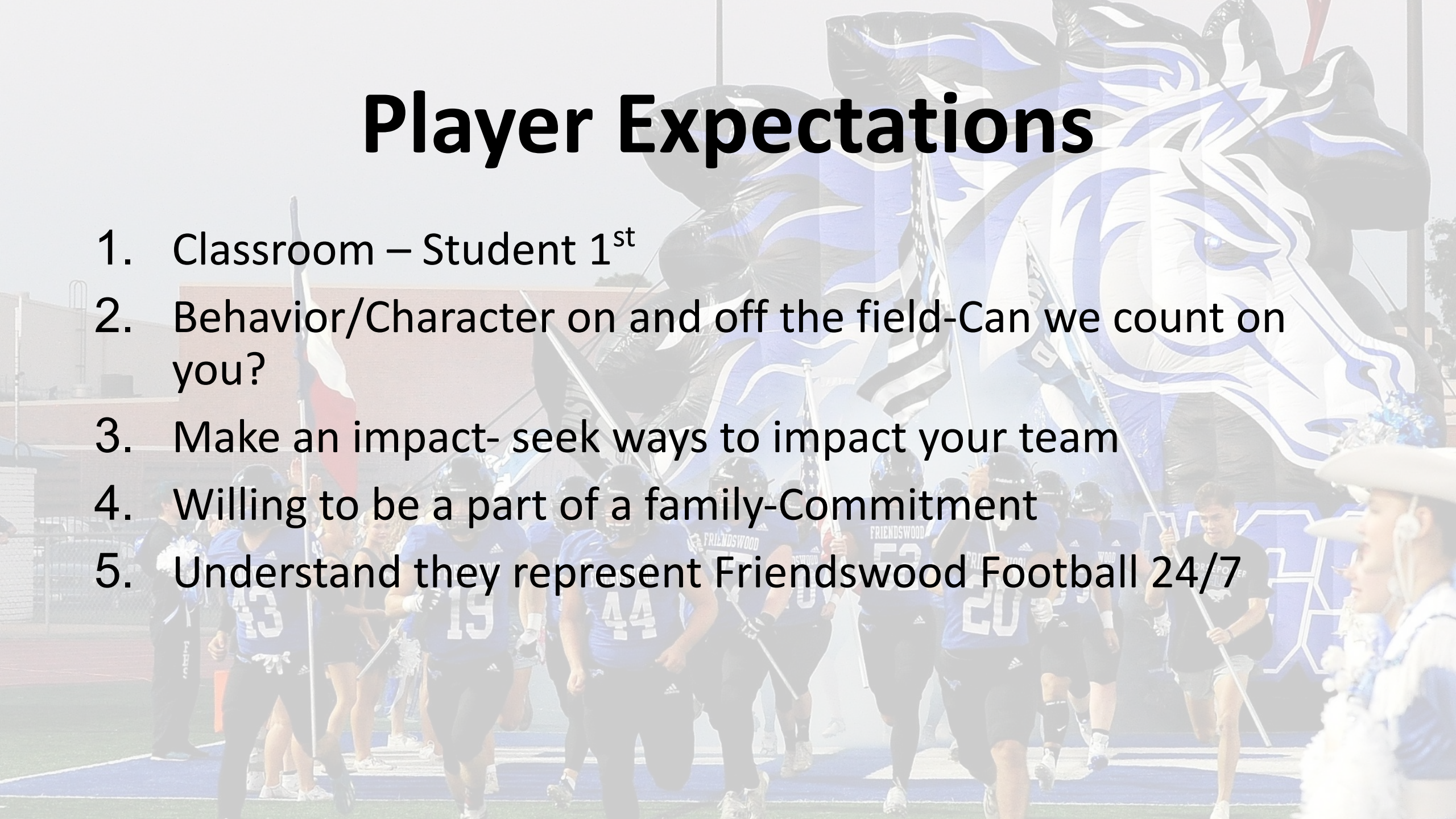
6/1-6/4  
6/8-6/11  
6/15-6/18  
6/22-6/26

7/6-7/9  
7/13-7/16  
7/20-7/23  
7/27-7/30

NO CAMP 6/29-7/2

# Player Expectations

1. Classroom – Student 1<sup>st</sup>
2. Behavior/Character on and off the field-Can we count on you?
3. Make an impact- seek ways to impact your team
4. Willing to be a part of a family-Commitment
5. Understand they represent Friendswood Football 24/7



# Multi-sport Athletes

- As coaches, we will encourage this
- Communication is key
- Class will be dependent on which sport is in season
- Athletes must remain healthy
- Sports/Coaches must work together (keep athlete healthy)
- Athlete Communication



# Academic Eligibility and Tutoring

## No Pass/No Play:

- 1<sup>st</sup> Grade check after 1st 6 weeks of school
- From this point forward, grade checks happen at all major grading periods (loose eligibility).
- Can gain eligibility every 3 weeks

## Tutoring:

- Schedule outside of practice if possible
- Communicate with coach if practice will be missed
- Take advantage of enrichment

# Discipline

At Practice:

- Air raids/up-downs (covers most disciplinary issues)

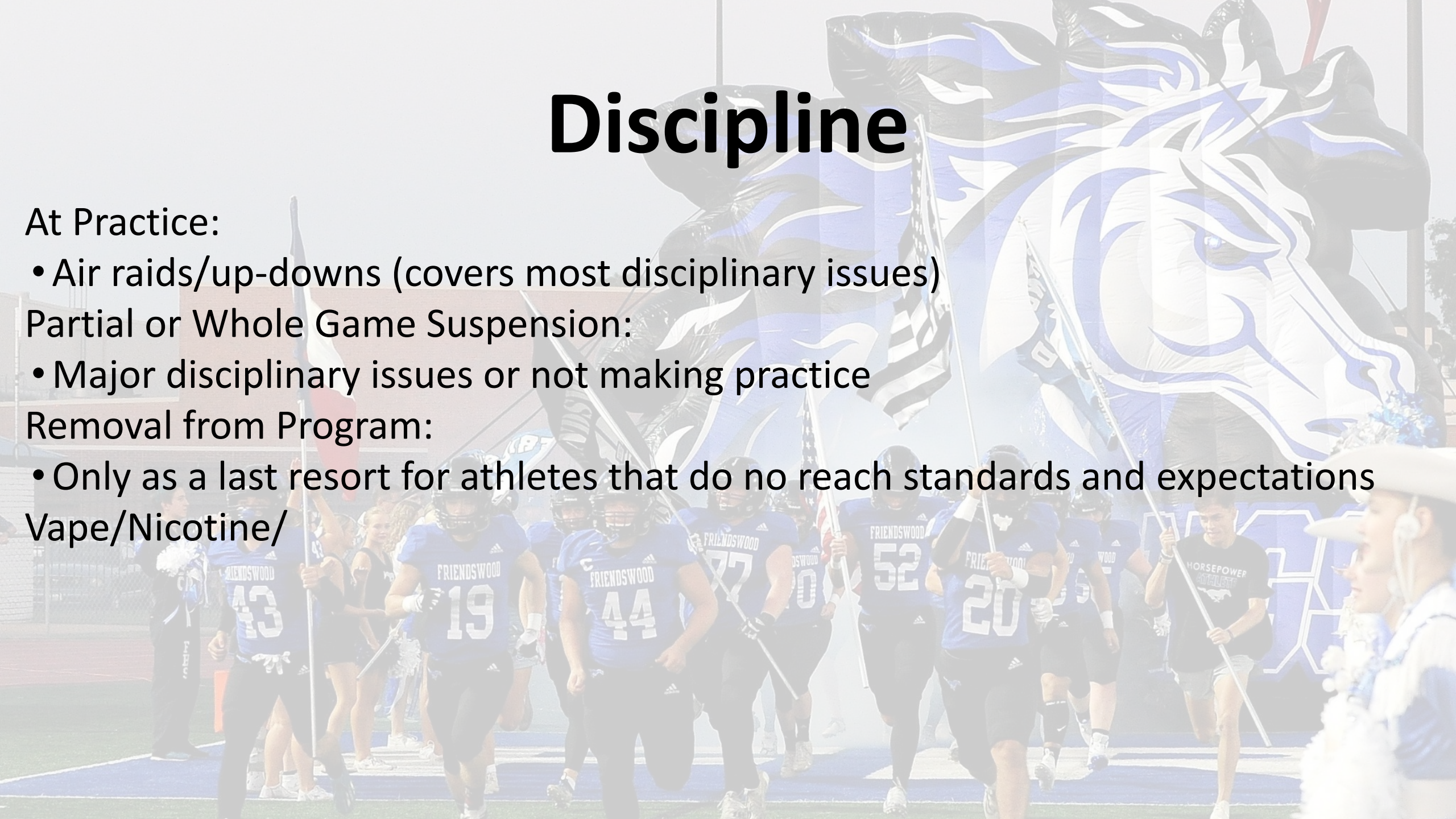
Partial or Whole Game Suspension:

- Major disciplinary issues or not making practice

Removal from Program:

- Only as a last resort for athletes that do not reach standards and expectations

Vape/Nicotine/



# Parent Communication/Chain of Command

## Coaches Communication

- As as staff we will be proactive with communication
- Communicate with your kid (let them know where they stand)
- SportsYou
- Coaches contact: most effective way– school email

## Parent Communication

- 24 Hour Rule (before making a call or scheduling conference)
- I will talk about playing time
- I will only speak to you about your kid
- Chain of Command- position coach, head coach

# Social Media

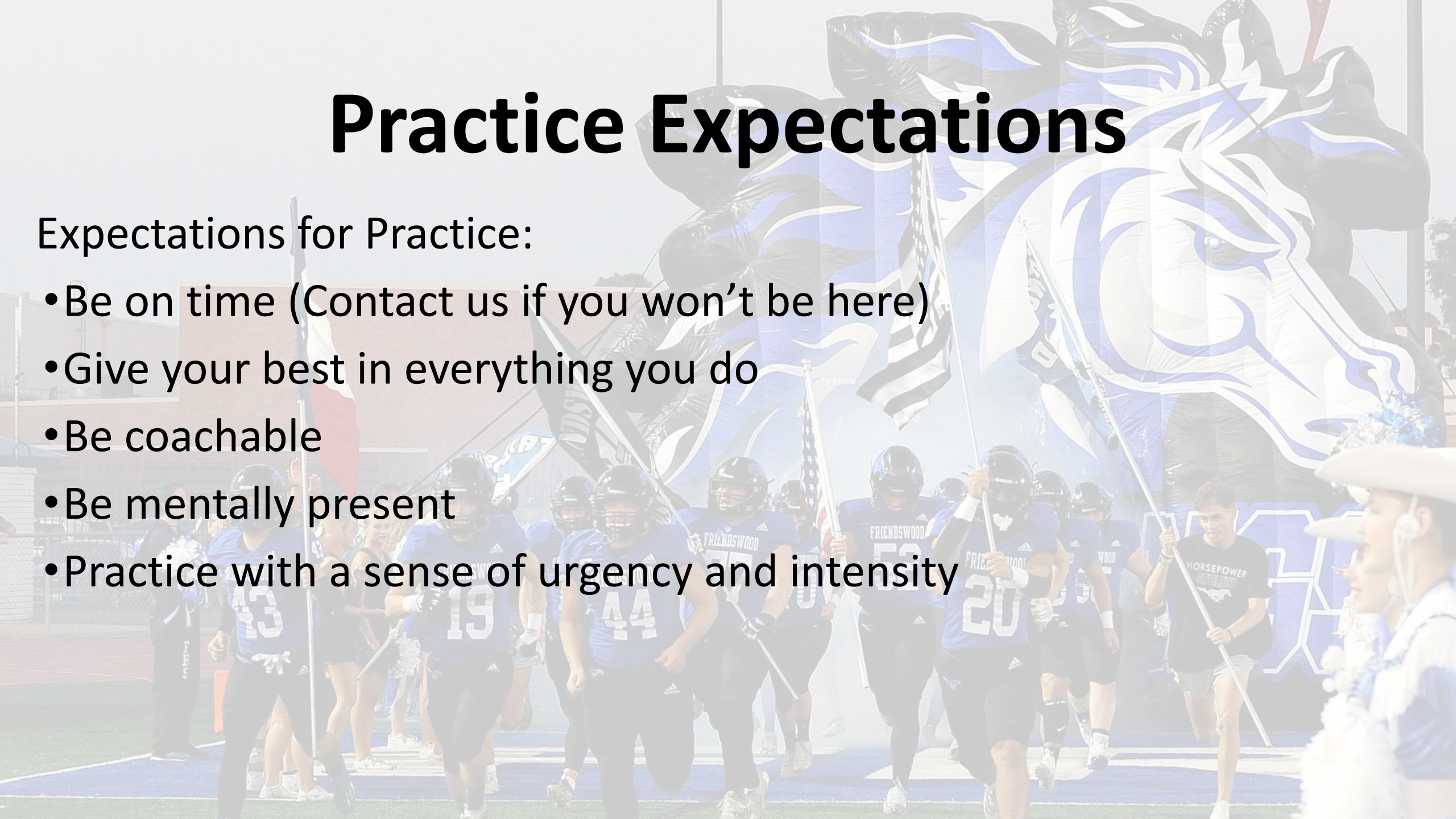
- Asset
- Promote our program and our kids
- Teach our kids the dangers
- Help us communicate the dangers



# Practice Expectations

Expectations for Practice:

- Be on time (Contact us if you won't be here)
- Give your best in everything you do
- Be coachable
- Be mentally present
- Practice with a sense of urgency and intensity



# Equipment Expectations

- Football Store
  - On the field gear
  - Required equipment
    - Girdle, travel compression, shorts
- Cleats (blue, white, grey, black)
  - Will be available through football store (discounted)
  - Adidas is our brand
- Gloves (blue, white, grey, black)
  - Will be available through football store (discounted)
  - Adidas is our brand



# Equipment Needs

- We provide all necessary protective equipment
  - Helmet, shoulder pads, leg pads
- Cleats and accessories (gloves, shields, etc.) are not provided.
- We will offer an online store to purchase a set(s) of t-shirts and shorts, as well as a few other optional items.



Jordan Johnson

Friendswood High School

Email: [jjohnson@fisd12.net](mailto:jjohnson@fisd12.net)

SportsYou Groups:

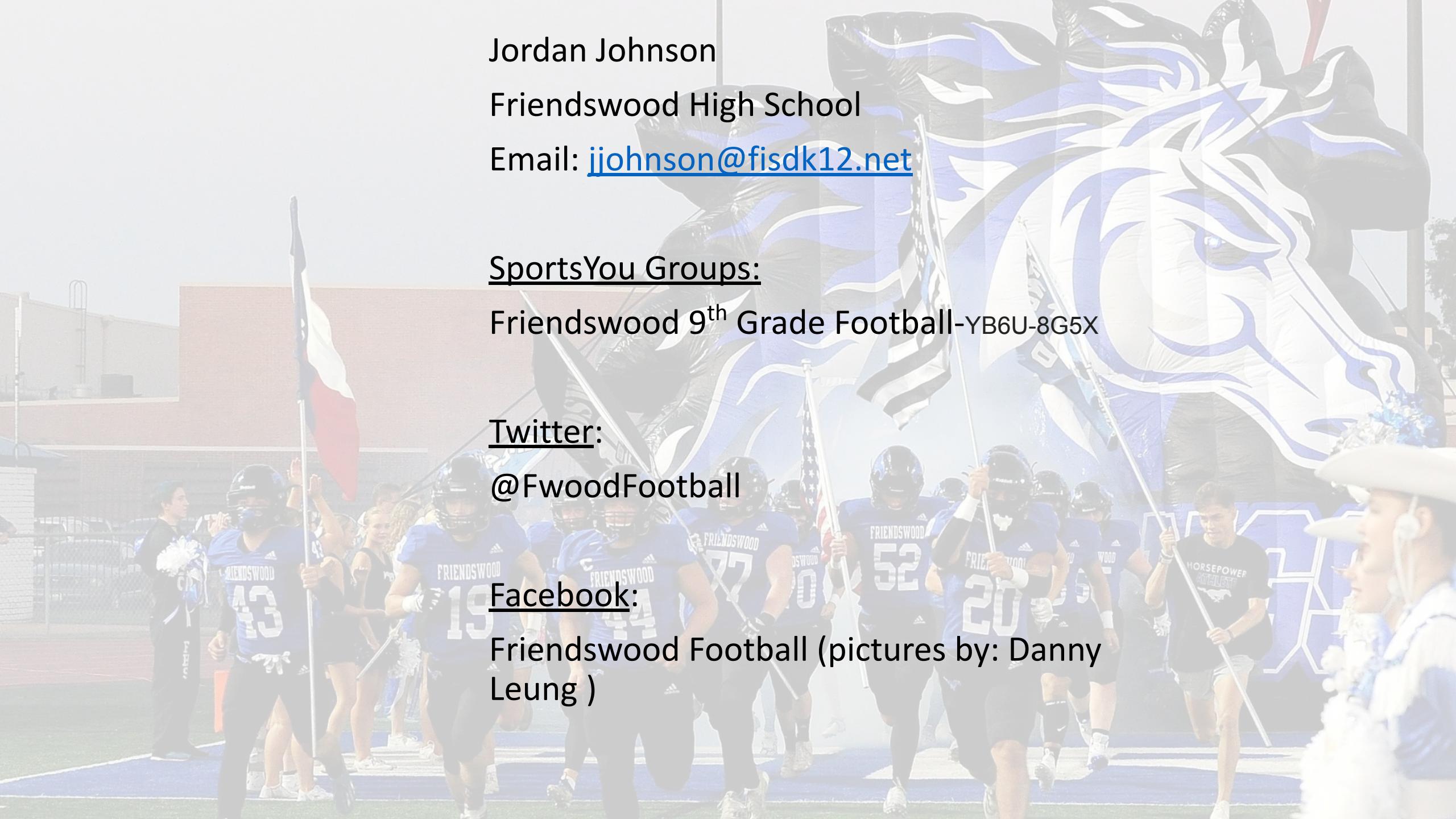
Friendswood 9<sup>th</sup> Grade Football-YB6U-8G5X

Twitter:

@FwoodFootball

Facebook:

Friendswood Football (pictures by: Danny Leung )



A photograph of a football team marching on a field. The players are wearing blue jerseys with "FRIENDSWOOD" and their numbers (43, 19, 44, 77, 52, 20) visible. They are carrying flags, including the Texas state flag and the American flag. In the background, a large, stylized tiger mascot is visible. The scene is set outdoors on a grassy field with a brick building in the distance.

**Thank You!**